



EXPRESSIVE ARTS

"DRAWING ON OUR MEMORIES" EXPRESSIVE ARTS GROUPS - SPRING 2019

A program of creative and expressive arts workshops for all ages. Learn how to put grief into "a language without words." All materials will be provided.

FOR TEENS - Thursdays, April 11, 18, 25, May 2, 9, & 16 - 5:00 pm - 6:00 pm

Location: Center for Hospice Care, 227 Dunham St., Norwich, CT

FOR ADULTS - Tuesdays, April 9, 16, 23, 30, May 7, & 14 - 6:30 pm - 7:45 pm

Location: Center for Hospice Care, 227 Dunham St., Norwich, CT

FOR CHILDREN

A program with six sessions in which each week offers a different theme and focus for processing grief in imaginative and therapeutic ways. Join us before each session for Pet Therapy and snack time from 4:30 pm to 5:15 pm. The Expressive Arts session is from 5:15 pm to 6:15 pm.

Children's Groups for 5 - 12 year olds are held in **Norwich on Tuesdays from April 9 thru May 14 at Center for Hospice Care, 227 Dunham Street, Norwich, CT**

WELCOME SPRING

April 9

Spring officially began on March 20. Our "Just for Kids Hospice Garden" has rested all winter and we are now getting ready for another wonderful growing season. The children will welcome and celebrate this season of growth and renewal with garden-related activities.

EARTH DAY CELEBRATION

April 16

"Earth Day" is April 22. It is a day to reflect upon what we can do to keep our planet healthy. We will work on a creative group project that reminds us of the importance of caring for our environment and the valuable role that children play in this process.

IMAGIN-ACTION

April 23

"Be It...Do It...Show It". This group will focus on "Improv" to act out feelings, actions and characters. Children have wonderful imaginations; "Imagin-Action" guarantees award-winning performances by all!

THE ART PART: "MEMORY BOXES"

April 30

Each child will create a "Memory Box" out of a variety of art materials. These containers will hold special items or mementos in remembrance of their loved ones.

MOTHER'S DAY REMEMBRANCE

May 7

Mother's Day is May 12. This group will focus on creating handmade cards and heart-felt gifts to honor our mothers on their special day.

SAY IT WITH MUSIC

May 14

We will celebrate the rhythm of the season through a variety of musical modalities. The children may express their unique musical styles through dance, painting to music, playing a variety of percussion instruments or strumming one of our colorful ukuleles.

Thanks to the generosity of our supporters this Program is FREE to all.

Pre-registration is required. Space is limited. Please contact 860.848.5699 x250 or e-mail lbradley@hospicesect.org. Expressive Arts "Drawing On Our Memories" is funded in part by the William T. Christopher Fund for Children's Health.

