“DRAWING ON OUR MEMORIES” EXPRESSIVE ARTS GROUPS - LATE WINTER 2018
A program of creative and expressive arts workshops for all ages. Learn how to put grief into “a language without words.” All materials will be provided.

FOR TEENS - Thursdays, Feb. 15, 22, March 1, 8, 15 and 22 - 5:00 pm - 6:00 pm
Location: Center for Hospice Care, 227 Dunham St., Norwich, CT

FOR ADULTS - Tuesdays, Feb. 13, 20, 27, March 6, 13 and 20 - 6:30 pm - 7:45 pm
Location: Center for Hospice Care, 227 Dunham St., Norwich, CT

FOR CHILDREN
A program with five sessions in which each week offers a different theme and focus for processing grief in imaginative and therapeutic ways. Join us before each session for Pet Therapy and snack time from 4:30 pm to 5:15 pm.

Children's Groups for 5 - 12 year olds are held in Norwich on Tuesdays from February 13 through March 20 at Center for Hospice Care, 227 Dunham Street, Norwich, CT

VALENTINE’S REMEMBRANCE DAY
February 13
This group will focus on sharing memories of our loved ones who have died as we celebrate Valentine’s Day. Each child will create a special memento as a reminder of times shared with their loved ones and the bond of love that endures.

HEALING GARDEN - BIRD BUFFET
February 20
It’s a bit too early to start planting in our “Just for Kids Hospice Garden” but we have many feathered friends that visit our Healing Garden year round. The children will create birdseed “ornaments” to keep our bird visitors well-fed. They will also make some “ornaments” to take home with them.

SAY IT WITH MUSIC
February 27
We will celebrate the rhythm of the season through a variety of musical modalities. The children may express their unique musical styles through dance, painting to music, playing a variety of percussion instruments or strumming one of our colorful ukuleles.

THE ART PART: MEMORY LANTERNS
March 6
Each child will create a “Memory Lantern” in remembrance of their loved one. The children will collage large glass jars with colored tissue papers and then place an LED votive inside. The completed lanterns are unique, colorful and beautiful.

IMAGINE-ACTION
March 13
“Be It…Do It…Show It”. This group will focus on “Improv” to act out characters, actions and feelings. Children have wonderfully active imaginations; “Imagine-Action” guarantees award-winning performances by all!

WELCOME SPRING
March 20
Spring officially begins on March 20. Our group will celebrate this season of growth and renewal by planting flower seeds in hand-painted clay pots. We will also start planting vegetable seeds in peat pots in preparation for our growing season in the “Just for Kids Hospice Garden”.

Thanks to the generosity of our supporters this Program is FREE to all.
Pre-registration is required. Space is limited. Please contact 860.848.5699 x250 or e-mail lbradley@hospicesect.org.
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