

# COUNSELING SERVICES

## GRIEF SUPPORT GROUP SCHEDULE – SUMMER 2019

Center for Hospice Care offers grief support groups to anyone grieving the loss of a loved one. New groups for most kinds of loss are constantly forming; if a group you are interested in is not listed below, please call our office to find out when it might be starting in the future.

- All groups are free of charge.
- Newcomers for 6 week groups are welcomed through the second meeting date.
- **Pre-registration is required by calling 860.848.5699.**

### COPING WITH THE LOSS OF A SPOUSE

**Dates** Mondays, June 17, 24, July 1, 8, 15, 22, 2019

**Time:** 5:30 pm - 7:00 pm

**Location:** L + M Hospital, New London, CT

### COPING WITH THE LOSS OF A LOVED ONE

**Dates** Tuesdays, June 18, 25, July 2, 9, 16, 23, 2019

**Time:** 5:30 pm - 7:00 pm

**Location:** Center for Hospice Care, 227 Dunham St., Norwich, CT

### ONGOING BEREAVEMENT SUPPORT

**Dates** Every 1<sup>st</sup> Tuesday

**Time:** 10:00 am - 11:00 am

**Location:** Mystic/Noank Library, 42 Library St., Mystic, CT

### SUPPORT FOR NEWLY BEREAVED

**Dates** Every 2<sup>nd</sup> & 4<sup>th</sup> Tuesday

**Time:** 10:00 am - 11:00 am

**Location:** Mystic/Noank Library, 42 Library St., Mystic, CT

### Additional Area Support Groups at:

#### **BRIAN'S HEALING HEARTS**

461 Main St. Niantic, CT

**860.451.8354**

### LOSS OF A SPOUSE OR PARTNER

1st & 3rd Wednesday – 6:30 pm - 8:00 pm

2nd & 4th Wednesday – 10:00 am - 11:30 am

### LOSS OF A CHILD OR GRANDCHILD

3rd Tuesday of Each Month

6:30 pm - 8:00 pm

