



EXPRESSIVE ARTS

"DRAWING ON OUR MEMORIES" EXPRESSIVE ARTS GROUPS - LATE WINTER 2020

A program of creative and expressive arts workshops for all ages. Learn how to put grief into "a language without words." All materials will be provided.

FOR TEENS - Thursdays , Feb. 13, 20, 27, March 5, 12, and 19 - 5:00 pm - 6:00 pm

Location: Center for Hospice Care, 227 Dunham St., Norwich, CT

FOR CHILDREN

A program with six sessions in which each week offers a different theme and focus for processing grief in imaginative and therapeutic ways. Join us before each session for Pet Therapy and snack time from 4:30 pm to 5:15 pm.

Children's Groups for 5 - 12 year olds are held in **Norwich on Tuesdays from February 11 through March 17 at Center for Hospice Care, 227 Dunham Street, Norwich, CT**

VALENTINE'S REMEMBRANCE DAY

February 11

This group will focus on sharing memories of our loved ones who have died as we celebrate Valentine's Day. Each child will create a special memento as a reminder of times shared with their loved ones and the bond of love that endures.

HEALING GARDEN - BIRD BUFFET

February 18

It's a bit too early to start planting in our "Just for Kids Hospice Garden" but we have many feathered friends that visit our garden year round. The children will create birdseed "ornaments" to keep our bird visitors well-fed. We will also make some for the children to take home.

MARCHING IN MARCH

February 25

Participants in our Expressive Arts Program will be marching in the annual Norwich St. Patrick's Day Parade. It is a fun event and a creative way for the children to represent our program in the community. In preparation for this, we will make flags in remembrance of our loved ones who have died. Each child who participates in the parade will proudly carry their flag as we march around downtown Norwich.

CULINARY CREATIVITY

March 3

We will move our creative selves out of the Expressive Arts room and into the kitchen. We will all work together to make a delicious treat that celebrates the Winter season.

TELL ME A STORY

March 10

Each child will create a short story with illustrations based upon a favorite memory of their loved one who died.

WELCOME SPRING

March 17

Spring officially begins on March 19. Our group will celebrate this season of growth and renewal by planting flower seeds in hand-painted clay pots. We will also start planting vegetable seeds in peat pots in preparation for our growing season in the "Just for Kids Hospice Garden".

Thanks to the generosity of our supporters this Program is FREE to all.

Pre-registration is required. Space is limited. Please contact 860.848.5699 x250 or e-mail lbradley@hospicesect.org. Expressive Arts "Drawing On Our Memories" is funded in part by the William T. Christopher Fund for Children's Health.

