



## **"DRAWING ON OUR MEMORIES" EXPRESSIVE ARTS GROUPS - FALL 2019**

A program of creative and expressive arts workshops for all ages. Learn how to put grief into "a language without words." All materials will be provided.

### **FOR CHILDREN**

A program with six sessions in which each week offers a different theme and focus for processing grief in imaginative and therapeutic ways. Join us before each session for Pet Therapy and snack time from 4:30 pm to 5:15 pm. The Expressive Arts session is from 5:15 pm to 6:15 pm.

Children's Groups for 5 - 12 year olds are held **on Tuesdays from September 17 thru October 22 at Center for Hospice Care, 227 Dunham Street, Norwich, CT**

### **JUST FOR KIDS HOSPICE GARDEN**

**September 17**

The children's veggie garden is thriving and ready for a bit of harvesting. Our group will participate in garden-related activities.

### **SAY IT WITH MUSIC**

**September 24**

We will celebrate the rhythm of the season through a variety of musical modalities. The children may express their unique musical styles through dance, painting to music, playing a variety of percussion instruments or strumming one of our colorful ukuleles.

### **THE ART PART: CLAY PLAY-PART 1**

**October 1**

Many children enjoy the tactile experience of working with clay. This group will focus on a clay project that engages the children's desire to create imaginative three-dimensional forms.

### **THE ART PART: CLAY PLAY-PART 2**

**October 8**

Our clay projects have had time to dry and are ready to paint. The children will have an opportunity to share their creative work with the group before they take their clay piece home.

### **CULINARY CREATIVITY**

**October 15**

We will move our creative selves out of the Expressive Arts Room and into the kitchen. We will all work together to make a delicious treat that celebrates the Fall season.

### **MASK-MAKING**

**October 22**

Halloween is the perfect time for imaginative play. Each child will create a mask using a variety of art materials. "Pretend play" with masks encourages children to act out their thoughts, feelings and emotions.

**Thanks to the generosity of our supporters this Program is FREE to all.**

*Pre-registration is required.* Space is limited. Please contact 860.848.5699 x250 or e-mail [lbradley@hospicesect.org](mailto:lbradley@hospicesect.org). Expressive Arts "Drawing On Our Memories" is funded in part by the William T. Christopher Fund for Children's Health.

