

# COUNSELING SERVICES

## GRIEF SUPPORT GROUP SCHEDULE – FALL 2019

Center for Hospice Care offers grief support groups to anyone grieving the loss of a loved one. New groups for most kinds of loss are constantly forming; if a group you are interested in is not listed below, please call our office to find out when it might be starting in the future.

- All groups are free of charge.
- Newcomers for 6-week groups are welcome through the second meeting date.
- **Pre-registration is required by calling 860.848.5699.**

### COPING WITH THE LOSS OF A SPOUSE/PARTNER

**Dates** Mondays: September 30, October 7, 21, 28, November 4, & 18, 2019

**Time:** 5:30 pm - 7:00 pm

**Location:** New London Public Library, 63 Huntington Street, New London, CT

### COPING WITH THE LOSS OF A LOVED ONE

**Dates** Mondays: September 30, October 7, 21, 28, & November 4, 2019

**Time:** 5:30 pm - 7:00 pm

**Location:** Center For Hospice Care, 227 Dunham Street, Norwich, CT

### GRIEF SUPPORT FOR NEWLY BEREAVED

**Dates** 2nd and 4th Tuesday of each month, starts September 10 through December 10, 2019

**Time:** 10:00 am - 11:00 am

**Location:** Mystic/Noank Library, 42 Library St., Mystic, CT

### COPING WITH GRIEF AND THE HOLIDAYS

**Dates** Tuesdays, November 19, 26, December 3, 10, & 17 2019

**Time:** 5:30 pm - 7:00 pm

**Location:** Center for Hospice Care, 227 Dunham St., Norwich, CT

**Additional Area Support Groups at:**

**BRIAN'S HEALING HEARTS**

461 Main St. Niantic, CT

**860.451.8354**

