



EXPRESSIVE ARTS

"DRAWING ON OUR MEMORIES" EXPRESSIVE ARTS GROUPS - WINTER 2019

A program of creative and expressive arts workshops for all ages. Learn how to put grief into "a language without words." All materials will be provided.

FOR TEENS - Thursdays, February 14, 21, 28, March 7, 14, & 21 - 5:00 pm - 6:00 pm

Location: Center for Hospice Care, 227 Dunham St., Norwich, CT

FOR ADULTS - Tuesdays, February 12, 19, 26, March 5, 12, & 19 - 6:30 pm - 7:45 pm

Location: Center for Hospice Care, 227 Dunham St., Norwich, CT

FOR CHILDREN

A program with six sessions in which each week offers a different theme and focus for processing grief in imaginative and therapeutic ways. Join us before each session for Pet Therapy and snack time from 4:30 pm to 5:15 pm. The Expressive Arts session is from 5:15 pm to 6:15 pm.

Children's Groups for 5 - 12 year olds are held in **Norwich on Tuesdays from February 12 thru March 19 at Center for Hospice Care, 227 Dunham Street, Norwich, CT**

VALENTINE'S DAY REMEMBRANCE

February 12

This group will focus on sharing memories of our loved ones who have died as we celebrate Valentine's Day. Each child will create a special memento as a reminder of times shared with their loved ones and the bond of love that endures.

HEALING GARDEN "BIRD BUFFET"

February 19

It's a bit too early to start planting in our "Just For Kids Hospice Garden" but we have many feathered friends that visit our Healing Garden year round. The children will create bird feeders using a variety of materials so that our bird visitors will be well-fed this winter.

SAY IT WITH MUSIC

February 26

We will celebrate the rhythm of the season through a variety of musical modalities. The children may express their unique musical styles through dance, painting to music, playing a variety of percussion instruments or strumming one of our colorful ukuleles.

CLAY PLAY - PART 1

March 5

Most children enjoy the tactile experience that working with clay has to offer. This group will focus on a clay project that engages the children's desire to express themselves in a three-dimensional form.

CLAY PLAY - PART 2

March 12

Our clay projects have had time to dry and are now ready to paint. The children will have an opportunity to share their creative work with the group before they take their clay pieces home.

WELCOME SPRING!

March 19

Spring officially begins on March 20. Our group will celebrate this season of growth and renewal by planting flower seeds in hand painted clay pots. We will also start planting vegetable seeds in peat pots in preparation for our growing season in the "Just For Kids Hospice Garden".

Thanks to the generosity of our supporters this Program is FREE to all.

Pre-registration is required. Space is limited. Please contact 860.848.5699 x250 or e-mail lbradley@hospicesect.org. Expressive Arts "Drawing On Our Memories" is funded in part by the William T. Christopher Fund for Children's Health.

