

The Secrets of Healing from Grief and Loss

An informative workshop for men and women focused on the “masculine side of healing,” particularly from grief and loss.

This workshop will offer women:

- A glimpse into their own usage of the masculine side of healing in everyday life.
- Understanding about the men and boys in their lives, how they grieve, and how to best get close to them when they do.

This workshop will offer men:

- The path toward healing that they likely already use regularly but have never named.

This workshop will offer mental health & medical professionals:

- The newest findings on men and emotions drawing on brain and hormone research that help us understand why men are naturally drawn to this masculine side of healing during times of emotional difficulty.

**Thursday, September 2nd, 2010
Lawrence & Memorial Hospital
6 to 8 p.m., Baker Auditorium**

Due to space limitations we ask that you RSVP to Lynne Crider at 860 848-5699 or lcrider@hospicesect.org



Tom Golden, LCSW, author of *Swallowed by a Snake: The Gift of the Masculine Side of Healing* has been teaching and supporting mental health professionals and those affected by grief for more that 20 years. His work has been featured in the NY Times, CNN and the CBS Evening News.

His workshops are known to be entertaining and informative, as he brings a gentle sense of humor and a gift for storytelling while drawing on experiences working with the bereaved and those who support them.

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